

LONDON 2012 PARALYMPIC GAMES - TRAINING DATES AND TIMES

Sport / Discipline	Venue	Dates	Type of training	Training times
Archery	The Royal Artillery Barracks	22 - 27 August, 30 August - 5 September	Open	22 Aug. (13.00-17.30), 23 - 27 Aug. (9.00-12.30, 14.00-17.30), 30 Aug. (9.00-9.45, 13.00-13.45), 31 Aug. - 1 Sep. (9.00-13.10, 14.00-18.10), 2 - 4 Sep. (9.00-12.30, 14.00-17.30), 5 Sep. (9.00-12.30, 13.00-17.30)
		28 - 29 August	Allocated	28 August (8.30-13.00, 14.30-19.00), 29 August (8.00-11.00, 12.00-15.00)
Athletics	Mayesbrook Park Arena	22 August - 8 September	Open	22 August - 6 September (8.00-21.00), 7-8 September (8.00-18.00)
	Newham Sports Complex	22 August - 8 September	Open	22 August - 6 September (8.00-21.00), 7-8 September (8.00-18.00)
	Olympic Stadium Warm-Up Venue	23 - 28 August	Allocated	23-27 August (8.00-20.00), 28 August (8.00-12.00)
Boccia	ExCeL	22 August - 1 September	Allocated	
Cycling - Road	Brands Hatch	3 - 4 September	Open	
Cycling - Track	Velodrome	22 August - 29 August	Allocated	22-29 August (9.00-19.00)
Equestrian	Greenwich Park	24 August - 4 September	Some areas on a booking / allocated basis, others available for open training	
Football 5-a-side	Old Loughtonians Hockey Club	22 August - 8 September	Allocated	
	Riverbank Arena	25 & 27 August, 29 August - 8 September	Allocated	
Football 7-a-side	Old Loughtonians Hockey Club	22 August - 8 September	Allocated	
	Riverbank Arena	24 & 26 August, 29 August - 8 September	Allocated	
Goalball	Redbridge Sports and Leisure Centre	22 August - 7 September	Allocated	
Judo	Mayesbrook Park	22 August - 1 September	Booking required	
Powerlifting	ExCeL	22 August - 5 September	Allocated	22 August - 5 September (9.00-19.00)
Rowing	Eton Dorney	22 - 30 August, 31 August - 2 September	Open	22-30 August (8.00-18.30), 31 August-2 September (7.00 until 30min before the start of the first race each day - 18.30)
Sailing	Weymouth and Portland	22 - 30 August, 31 August to include practice races	Open	22-30 August (venue opening times: 9.00-18.00, training times: 10.00-17.00), 31 August practice races (venue opening times: 8.00-20.00)
Shooting	The Royal Artillery Barracks	22 - 27 August, 28 - 29 August (official training)	Allocated	22-27 August (9.00-18.00), 28-29 August (9.00-18.00)
Swimming	Aquatics Centre	22 August - 9 September	Allocated	
	Eton Manor	22 August - 9 September	Open	
Table Tennis	ExCeL	22 August - 8 September	Allocated (pre-competition). Booking possible during competition.	
Volleyball (Sitting)	Europa Gymnastics Centre	22 August - 8 September	Allocated / Booking required	
Wheelchair Basketball	Lee Valley Training Centre	22 August - 8 September	Allocated	
	Hackney Community College	22 August - 8 September	Allocated	
Wheelchair Fencing	ExCeL	22 August - 8 September	Allocated	22 August - 8 September (9.00-21.00)
Wheelchair Rugby	Mayesbrook Park	22 August - 3 September	Allocated	
	Basketball Arena	4 September only	Allocated	
Wheelchair Tennis	Eton Manor	22 - 31 August, 1 - 8 September	Booking required	

Please note that the information on this table is correct as of February 2012 but is subject to change.